www.youngleaders.it

### YOUNGLEADERS

# 15 TIPS FOR DELIVERING A SPEECH





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### 1. HAVE EYE CONTACT

## 2. HAVE A STRONG STANCE



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# 3. PRESENT SELF. CONFIDENCE:

# 4. MATCHING MIMIC, GESTURES AND VOICE



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#### 5. CONSCIOUS VOLUME

#### G. SPEAK HANDS FREE



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#### 7. LEAVE PAUSES

#### 8. SPEECH ADAPTATION ACCORDING TO SITUATION (STAY FLEXIBLE)



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#### 9. SPEED CONTROL

#### 10. NEVER TURN YOUR BACK TO THE AUDIENCE



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# 11. PRACTICE YOUR SPEECH:

### 12. DRESS APPROPRIATELY



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### 13. USE PATHOS/EMOTIONAL ENGAGEMENT . .

#### 14. INTONATION

#### BREATHING 15.



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